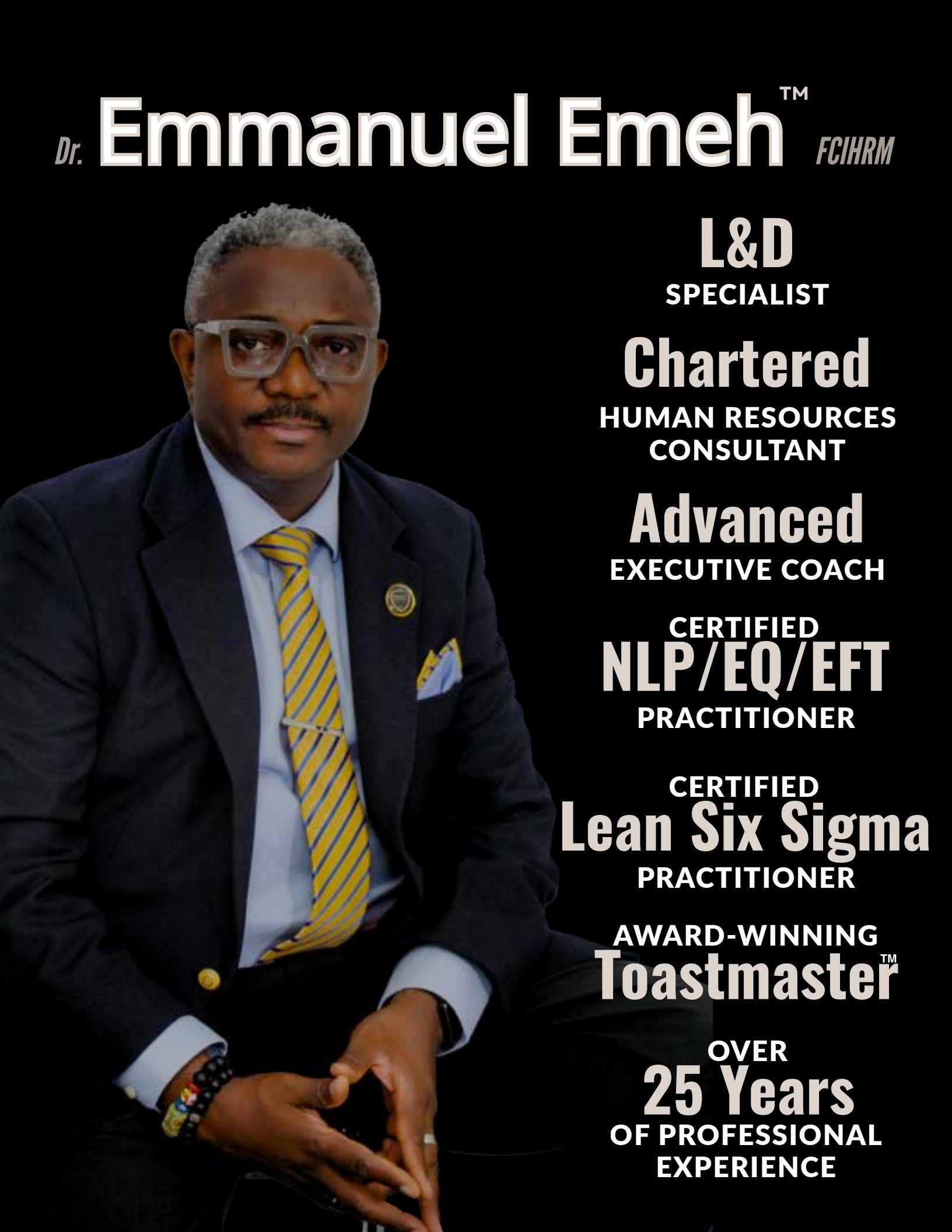


A portrait of Dr. Emmanuel Emeh, a middle-aged Black man with short grey hair, wearing clear-rimmed glasses, a dark blue suit jacket, a light blue shirt, and a yellow and blue striped tie. He is seated and looking directly at the camera with a slight smile. His hands are clasped in front of him, and he is wearing a colorful beaded bracelet on his right wrist and a ring on his left hand.

*Dr.* **Emmanuel Emeh**<sup>TM</sup> *FCIHRM*

**L&D**

**SPECIALIST**

**Chartered**

**HUMAN RESOURCES  
CONSULTANT**

**Advanced**

**EXECUTIVE COACH**

**CERTIFIED**

**NLP/EQ/EFT**

**PRACTITIONER**

**CERTIFIED**

**Lean Six Sigma**

**PRACTITIONER**

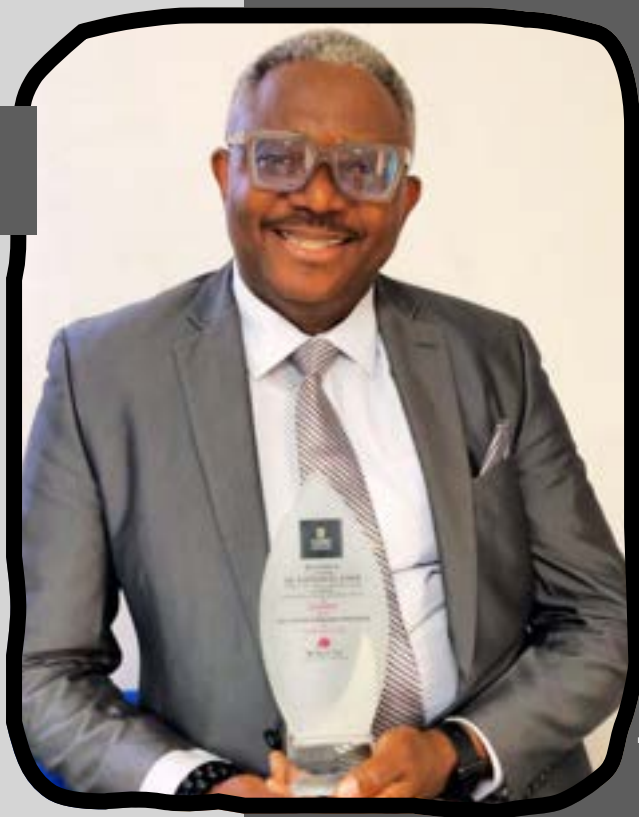
**AWARD-WINNING**

**Toastmaster**<sup>TM</sup>

**OVER**

**25 Years**

**OF PROFESSIONAL  
EXPERIENCE**



# EMMANUEL EME<sup>H</sup>

FCIHRM CHRC®

- EXECUTIVE COACH
- HR STRATEGIST
- LEARNING & DEVELOPMENT CONSULTANT

The Global Architect of Human Potential

## Contact

-  +234 803 712 0640
-  emmanuelemeh@gmail.com
-  www.emehspeaks.com
-  [www.https://abiinem-life-compass.base44.app/](https://abiinem-life-compass.base44.app/)
-  Lagos, Nigeria

## Skills

- Learning & Development Strategy
- Talent & Performance Management
- Organisational Development
- Leadership Coaching & Mentoring
- Training Design & Facilitation
- Competence Framework Development
- Change & Culture Management
- Stakeholder Relationship Management
- Virtual Collaboration Tools
- One-on-one Coaching

## Work Experience

Dr. Emmanuel Emeh, *FCIHRM, CHRC®*, is not just a consultant; he is a veteran HR Strategist and Executive Coach who has spent over two decades building formidable human capital across the globe. With a professional footprint spanning Africa, Asia, the Middle East, Europe, and North America, Dr. Emeh brings a unique blend of chartered HR expertise, high-impact coaching, and learning & development mastery to every organization he partners with.

LinkedIn profile:

<https://www.linkedin.com/in/emmanuelemeh/>



# EDUCATION CERTIFICATIONS & AFFILIATIONS

## PhD, Apologetics & Culture

Trinity College of the Bible & Theology, Indiana, USA | 2020 (in view)

## Doctoral Fellow, HR

Chartered Institute of Human Resource Management, Nigeria | 2024

## Master of Arts

Rocky Mountain School of Ministry - Colorado, USA | 2016 - 2019

## Bachelor of Arts

Yaba College of Technology - Lagos, Nigeria | 1992 - 1995

## Associate of Arts

Yaba College of Technology - Lagos, Nigeria | 1989 - 1991



**OLCA**  
COACHING LIMITED

**BLOOM BUDDY**  
A reason to bloom



**CICMP**

Catalyst Integrative Coaching Mentorship Program



Life Coaches Association of Nigeria



**TRINITY**  
COLLEGE OF THE BIBLE  
THEOLOGICAL SEMINARY



# EMEH<sup>TM</sup>

*Speaks*

## *Current* RESPONSIBILITIES

### **LEAD CONSULTANT**

**ABIINEM Coaching Services Ltd.**

### **NATIONAL COORDINATOR**

**SWAT Leadership Academy**

### **ACADEMIC DIRECTOR**

**MTA/NEOSOM/CHORD Academies**

### **MANAGING EDITOR**

**The Catalyst Coaching Digest**

### **EDITORIAL HEAD**

**BrandiQ Magazine**

### **ASSOCIATE COACH**

**OLCA Coaching Ltd./Coach ME**

# A DEPTH OF CERTIFICATION



**Dr. Emeh's qualifications reflect his commitment to continuous mastery. He is a Chartered Human Resources Consultant, a Doctoral Fellow of the Chartered Institute of Human Resource Management and holds multiple international advanced coaching certifications.**

- **Doctoral Fellow**  
Chartered Institute of Human Resource Management
- **Chartered Human Resources Consultant (CHRC)®**  
Chartered Institute of Human Resource Management
- **Advanced Coaching Certification**  
OLCA Coaching Ltd., Nigeria
- **Professional Integrative Coach (PIC)**  
Catalyst Integrative Coaching Mentorship Program (CICMP), Nigeria
- **Associate Integrative Coach (AIC)**  
Catalyst Integrative Coaching Mentorship Program (CICMP), Nigeria
- **Lean Six Sigma Certification**  
MF Treinamentos, Brazil
- **Life Coaching Certificate**  
Achology (The Academy of Modern Applied Psychology), UK
- **Emotional Freedom Techniques Practitioner**  
OLCA Coaching Ltd., Nigeria
- **Facilitate Remote Collaboration Like a Pro**  
SAP (System Analysis Programme Development), Germany
- **Strategic Life Coaching Practitioner**  
The Priority Academy Ltd., UK
- **NLP Practitioner & NLP Master Practitioner Certification**  
The Priority Academy Ltd., UK
- **I Choose Us Movie and Schema Therapy Practitioner**  
Louis Counselling & Training Services Pte. Ltd, Singapore
- **Effective Communication and Interpersonal Relations**  
Centre for Management Development (CMD), Nigeria
- **Conflict Resolution Skills Certificate**  
David C. Jung Coaching & Consulting, Canada
- **Effective Public Speaking Skills Certificate**  
ALISON - Ireland
- **Transformational Leadership**  
(John Maxwell Adaptation)  
Process Improvement Consulting, Nigeria

# CORE VALUES

## INNOVATION

*Creating unique solutions  
and approaches*

## TRANSFORMATION

*Addressing all aspects of  
growth*

## IMPACT

*Delivering measurable &  
lasting results*

## INTEGRATION

*Bridging different worlds  
and methodologies*

## EXCELLENCE

*Maintaining highest  
standards in all endeavors*

## INCLUSIVITY

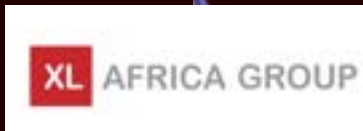
*Embracing and leveraging  
diversity.*



## TRUSTED BY:

# EXPERTISE IN ACTION

As the driving force behind ABIINEM Coaching Services Ltd. and EmehSpeaks, he is trusted by industry leaders to deliver lasting change. His extensive client portfolio includes major institutions



## Key Areas of Influence:

- **Executive Coaching & Leadership Development:** Guiding managers and senior executives to master conflict resolution, communicate with intention, and model behaviors that support high-growth environments.
- **Organizational & Talent Management:** Designing and executing programs in Customer Experience, Performance Culture, Lean Processes, and Strategic HR Advisory.
- **Global Facilitation:** Having personally led workshops and seminars across multiple countries, Dr. Emeh's facilitation style is renowned for its clarity, presence, and strong audience connection, ensuring concepts are not just learned but applied.

# THE EMEH EDGE

**CORPORATE TRAINING AREAS INCLUDE BUT ARE NOT LIMITED TO:**

- Paradigm Shift
- Lean Six Sigma
- Conflict Management
- Leadership Development
- Grooming Excellence
- Graduate Trainee Program
- Team Management
- Executive Coaching/Training
- Customer Service Excellence
- Managerial Mastery Programme
- Building a Coaching Relationship
- Understanding Personality Types
- Graduate Internship Placement Program
- Professional Behaviour in the Workplace
- Self-Awareness and Emotional Intelligence
- Goal Setting and Attainment for Team Leads
- Stimulating Emotional Intelligence in Leadership Role
- The Science of Goal Setting and Achievement for Directors
- L&D with Emotional Intelligence in the AI-Powered Workforce

**Dr. Emeh's approach is defined by practical, measurable results. He moves organisations from ambition to execution by diagnosing cultural gaps, designing competency-based programs, and aligning talent initiatives directly with strategic corporate goals. His work focuses on strengthening team capability, improving performance, and fostering cultures of accountability.**









**7TH AFRICA'S COACHING WEEK**

**FAST FORWARD**

**HIGH-LEVEL PANEL 1**

### From Passion to Profit: Building a Scalable Practice That Can't Be Outsourced

**Sam Chikanda**  
Co-founder & Managing Director, Chikanda & Partners

**Dr. Patricia Okonkwo**  
Co-founder & Managing Director, Okonkwo & Partners

**Willy Hardman**  
Co-founder & Managing Director, Hardman & Partners

**Emmanuel Ekeh**  
Co-founder & Managing Director, Ekeh & Partners

**REGISTER HERE** [www.7thAfrica.org/2025](https://www.7thAfrica.org/2025)

**WOOD STUDIOS** **LCAN** **COACHING** **SLA** **SLA**

THURS, 27TH NOV, 2025 | 4:00PM WAT, 10:00AM EST | YOUTUBE

CHARTERED INSTITUTE OF HUMAN RESOURCE MANAGEMENT

## 2025 Workshop SECOND EDITION

**Beyond HR: Leveraging People Strategy for Business Impact**

**REGISTER HERE** [www.cihrm.org/2025](https://www.cihrm.org/2025)

**15TH - 19TH APRIL 2025**

**15000 NIGERIAN NIS**

**15000 NIGERIAN NIS**

**15000 NIGERIAN NIS**

**!A**

**AN EVENING OF IMPERFECTLY AWESOME CONVERSATIONS**

**OLATOLA BABALOLA**  
Co-founder & Managing Director, Babalola & Partners

**Dr. Patricia Okonkwo**  
Co-founder & Managing Director, Okonkwo & Partners

**Willy Hardman**  
Co-founder & Managing Director, Hardman & Partners

**Emmanuel Ekeh**  
Co-founder & Managing Director, Ekeh & Partners

**PANEL TOPIC: INCLUSION AND DIVERSITY**

**13TH APRIL 2025 | 3PM**

**RAJON CENTER, OYINBA, LAGOS**

**REGISTER HERE** [www.iaafrica.org/2025](https://www.iaafrica.org/2025)

**KINGS** **by** **INDIG** **INDIG** **INDIG**

**The Career Office**

**S.P.A.E MASTERMIND**

**SPEAKER**

**EMUKOSON**  
SENIOR MANAGER, IT OPERATIONS

**PANELISTS**

**SANKE SOTOM**  
EXECUTIVE & LEADERSHIP COACH

**DR. EMMANUEL EMEH**  
COACH & LEADERSHIP IN CONSULTING

**TOPIC:**  
**BUILD COMPETENCE AND CONFIDENCE**

**HOST**  
**KEMI OYE**  
The Career Office

**FRIDAY 12<sup>TH</sup> SEPT, 2025 | 6:00 – 6:45 PM (WAT)**

**MEETING ID: 840 6914 5897**  
**PASSCODE: 367164**

**7TH AFRICA COACHING WEEK**

**FAST FORWARD**  
Future Proof Coaching in Today's Intelligent Economy

**HIGH-LEVEL PANEL 1**

**From Passion to Profit: Building a Scalable Practice That Can't Be Outsourced**

**Emmanuel Emech**  
Executive Coach & Champion, ACW 2025

**REGISTER FREE: [www.lcan.ng/acw2025](http://www.lcan.ng/acw2025)**

**POWERED BY** **woof studios** **LCAN** **Carisma** **als** **Eden**

**THURS. 27<sup>TH</sup>, NOV. 2025 | 4:00PM WAT, 10:00AM EST | YOUTUBE**

**BE TRANSFORMED MASTERMIND**

**TOPIC**  
**Realizing your fullness through Affirmations**

**14<sup>TH</sup> SEPT, 2022**  
**9PM WAT**  
**LIVE ON CLUBHOUSE**  
**BE TRANSFORMED THIR**

**Panelists**  
**Dr. Emmanuel Emech**  
**Dr. Loretta Olusola**  
**Dr. Loretta Olusola**  
**Dr. Loretta Olusola**

**LUNCH & LEARN**

**Dr. Oluwalanle Madugbo Akopyeh, FITD**  
**TOPIC: From Data to Impact: L&D in AI Era**

**Dr. Emmanuel Emech, FITD**  
**TOPIC: The Human Algorithm: L&D with Emotional Intelligence in the AI-Powered Workplace**

**WEDNESDAY 10<sup>TH</sup> DECEMBER 2025**  
**STARTS FROM 12:00 PM**  
**BY WILABANK OFFICE**  
**100, 100A, 100B, 100C, 100D, 100E, 100F, 100G, 100H, 100I, 100J, 100K, 100L, 100M, 100N, 100O, 100P, 100Q, 100R, 100S, 100T, 100U, 100V, 100W, 100X, 100Y, 100Z**

**REGISTRATION LINK**  
**09037006755**  
**Payment: N15,000 (Virtual)**

**BLOOM BUDDY**  
By Loretta Olusola

**I'm speaking at the**  
**WELL HEALTH CONFERENCE**

**Saturday, 19 November 2022**

**Keynote speaker:**  
**EMMANUEL EMEH**

**Register Now**

**[www.wellhealthconference.com](http://www.wellhealthconference.com)**

**The Catalyst**

**Dr. Loretta Olusola**  
**WILL BE ANSWERING QUESTIONS ON THE**  
**12 Critical Areas of Life**

**WE DIVE 5 DAYS**  
**AT 9:00PM WAT**  
**LIVE ON CLUBHOUSE**

**Dr. Loretta Olusola**  
**EMMANUEL EMEH**  
**CHIKUNDE AKINYELE**

**CHARTERED INSTITUTE OF HUMAN RESOURCE MANAGEMENT NIGERIA**

# 2 DAYS WORKSHOP

**STRATEGIC HUMAN RESOURCE MANAGEMENT DRIVING BUSINESS SUCCESS THROUGH PEOPLE**

**FREE**  
N300,000

**28th - 29th MARCH 2025**  
8:30PM - 10:00PM  
**ZOOM**

**SPEAKERS**

**DR. ADAMU ABU KUNYO**  
Executive Director, CSEPI

**DR. ADAMU ABU KUNYO**  
Executive Director, CSEPI

**DR. ADAMU ABU KUNYO**  
Executive Director, CSEPI

FOR FURTHER DETAILS KINDLY CONTACT  
08183243214, 09064808488, 09093248322

**UK3 2024**

**HIGH-LEVEL PLENARY**

# A RESILIENCE CONVERSATION: FOR MEN & THE WOMEN WHO LOVE THEM

**Emmanuel Emech**  
Integrative Life Coach

**MODERATOR**

**20TH JAN. 2024 | 10AM**

**Alliance Française, Mike Adenuga Center, Ikoyi, Lagos**

**The Catalyst**

# THE CATALYST M.A.S.T.E.R. YOUR LIFE MASTERMIND PROGRAM

This is a 6-Week Mastermind for Becoming the Architect of Your Own Calling, Confidence & Completeness.

**Week 4**

**T: True Success**  
**20th May, 2025**

**Emmanuel Emech**

**29TH APRIL - 3RD JUNE | 6PM-6:45PM | ONLINE**

**CHILD SAFETY EDUCATION AND PROTECTION INITIATIVE**

**TOPIC: UNDERSTANDING TODAY'S CHILDREN**

**JOIN THE CONVERSATION LIVE ON JORDAN 105.5FM**

**Saturday, February 18 | 10:00 AM**

**HOST**  
**RICHARD AMUWA**  
PRESIDENT, CSEPI

**GUEST**  
**EMMANUEL EMECH**  
CHILD LIFE COACH / TEACHER / FOSTER PARENT

**YOU CAN NOT AFFORD TO MISS THIS EDITION OF CHILD SECURITY AND SAFETY**

**CHARTERED INSTITUTE OF HUMAN RESOURCE MANAGEMENT NIGERIA**

**GO NETWORKING AND KNOWLEDGE SHARING WEBINAR SESSION**

# The Science of Goal Setting and Achievement for Directors

**Speaker**  
**Emmanuel Emech**, Founder, Chief Learning & Dev. Consultant

**24TH JUNE, 2025**  
10:00AM

**REGISTER NOW TO ATTEND!**  
<https://bit.ly/YDFNKS5Q2>

**#CIHRMconference2025**

**CHARTERED INSTITUTE OF HUMAN RESOURCE MANAGEMENT**

# 2025 NATIONAL CONFERENCE

**Theme: Digital Transformation in HR: Opportunities and Challenges in Nigeria**

**SPEAKER**  
**Dr Emmanuel Emech**  
Head Consultant, ABHGM Coaching & Consulting Limited | President, HR Consultant

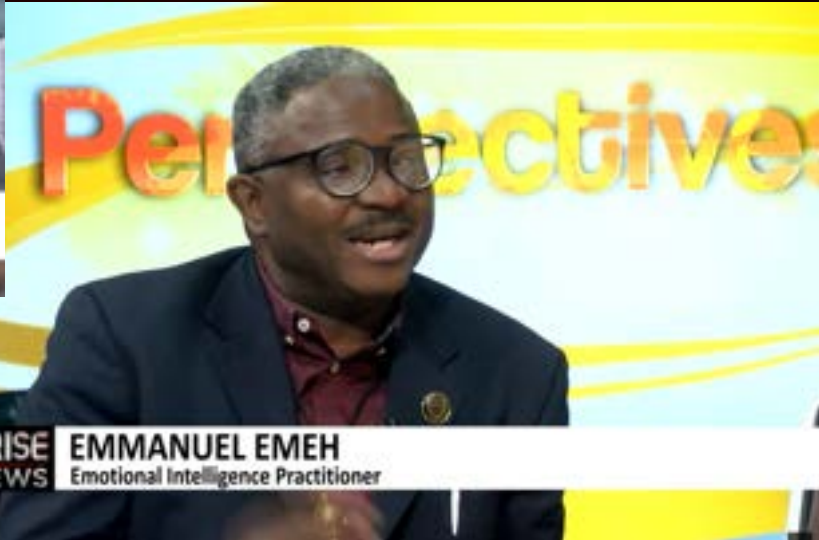
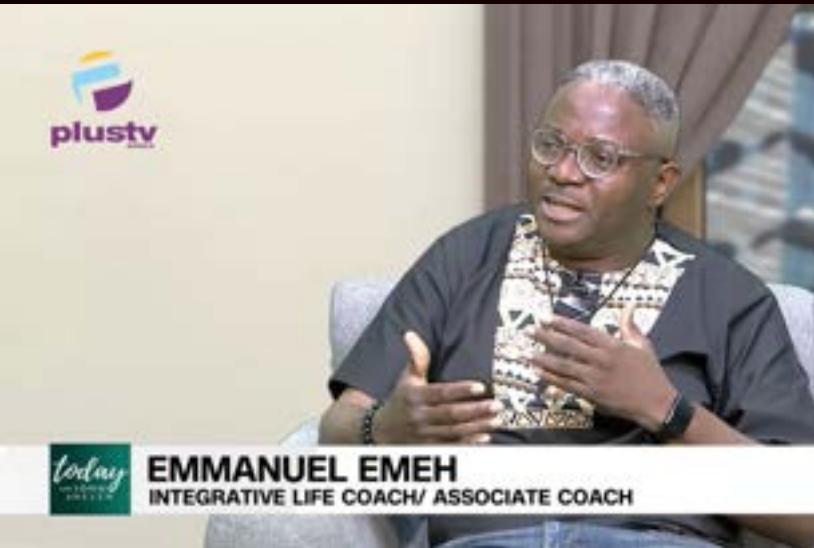
**21ST - 22ND August 2025**  
8am to 5pm Daily

**NATIONAL HERIT AWARD HOUSE, 19 Agbaje Street, Off Akoka Road, Ikeja**

**REGISTER NOW**

**08080764524, 08025486416**

# TELEVISION APPEARANCES



For individuals and organizations ready to unlock their next level of performance, Dr. Emeh provides the strategic clarity and implementation expertise necessary to turn potential into peak reality.

**FOR BOOKING**

## **Conference, Workshops, and Seminars**

## **One-On-One Coaching Session**

## **Special Packages Available on Request**

### **Questions clients often explore with Dr. Emeh:**

- What shifts do your teams need to perform at a higher level?
- Which capabilities matter most for your strategic direction?
- How can your managers model behaviours that support growth?
- What gaps stand between your current culture and the one you want?



# LET'S TALK



+234 803 712 0640



emmanuelemeh@gmail.com



www.emehspeaks.com

<https://abiinem.com>

<https://emehspeaks.com>

<https://abiinem-life-compass.base44.app/>

<https://www.linkedin.com/in/emmanuelemeh/>

<https://www.instagram.com/emehspeaksdotcom/>

<https://www.youtube.com/@emmanuelemehspeaks>

<https://www.thebloombuddy.com/coach-me-emmanuel-emeh>





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